

## **Narama Healing with Karen Sommers**

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### **TESTIMONIES**

Karen didn't cross my path by accident. She crossed my path when I was on the verge of a mental breakdown. I had broken my back in 5 places in an accident a few months before our meeting. I still had a lot of pain but also a lot of fears. Like many people, I've had quite a few traumas in my life and I'm a star at repressing instead of processing. traumas get stuck in your body and come out at a certain moment in the form of physical and / or mental pain. Karen treated me. After her treatment I felt lighter, felt hope and relaxation and the days after that my pain also decreased considerably. Karen treats the traumas and processes them for me with the help of her helpers and even though I can't understand everything, I can say that she is getting very good results. Karen is a pure lightworker to me and I am very grateful to her.

#### **Ilse Marianne**

[www.universelewijsheid.com](http://www.universelewijsheid.com)

In the beginning of the year 2023 I decided to move from Germany to Greece together with my fiance and my daughter to manifest my (and our) lifedream.

I was very surprised, how this decision brought up all my belief System and blockades and fears about how life works. So I had to overcome the obstacles inside of me to free myself. Like Thich Nath Han says going through mud is necessary to become a lotusflower, because the lotusflower grows in the mud. I know it is really important for me and my life that I had the courage to go through all the process. Karen helped me to understand my System, to see the blockades and to overcome the obstacles.

It was the deepest healing process I went through in my life. Now I feel ready to „hoisting sail  
“and to live the dream of my ancestors.

Working together with Karen is a gift of life! There are no words to express my gratitude. Maybe a divine music can express my fulfilment!!

Mira

I had a session with Karen and I found it to be amazingly inspiring. She had great insights into the situations that were current for me and into my past. It really helped me to let go off a lot of negative mindsets that had been holding me back.

I actually think about what she said frequently as a reminder to help me in my day to day life. I would definitely like to have another session at some point.

#### **Karis**